

**Book review****VIEWS INTO CONTEMPORARY NURSING****Nikola Savić**

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**Received:** 30 October 2023; **Accepted:** 5 November 2023; **Published:** 26 December 2023

**DOI:** 10.5937/annnur2-48396

**Abstract**

Insights into Contemporary Nursing is a textbook for nursing students that sublimates all the knowledge that is the basis of good nursing education in an innovative and methodologically clear way. The textbook was published for the first time in 2023 and received good reviews from experts as well as reviewers. The textbook consists of 11 chapters: Chapter One: History of Nursing; Chapter Two: Definitions of Nursing and Health Care; Chapter Three: Theories and Models; Chapter Four: Quality of Health Care; Chapter Five: Organization, Safety, and Documentation; Chapter Six: Health Care Evidence-Based; Chapter Seven: The Health Care Process; Chapter Eight: Nursing Ethics; Chapter Nine: Nursing Issues; Chapter Ten: Nursing Forensics; Chapter Eleven consists of appendices, scales, and instruments for practical application in nursing. The book is excellent literature for the education of various profiles of health workers, and it is extremely useful for the education of nurses.

The book "Views into Contemporary Nursing" the main authors of which are Prof. Dr. Željko Vlaisavljević and Prof. Dr. Vesna Paunović, represents an exceptional treasure in terms of useful literature for the education of highly educated nurses. The goal of the book is to be an integral part of regular textbooks in nursing education. In addition to being useful for nurses, it is also of great importance to nurses in clinical practice, who can gain a lot of knowledge from reading this

book. The book was published for the first time in 2023 and was met with positive experiences from experts in the field of medical sciences and nurses. The book also has positive reviews from top experts, Dr. Adriano Friganović, Prof. Dr. Ljiljana Milović, and Dr. Dijana Lalović. These experts form a multidisciplinary and international review team, which gives this book a special stamp.

The first chapter of the textbook refers to the history of nursing, giving an overview of important names in the nursing profession who are the founders of modern care and modern nursing. In this chapter, the authors deal with a general overview of the historical development of nursing, the beginnings of nursing education in the world, the training of nurses in the Republic of Serbia, and nurses who are remembered in history as heroines of the profession, with a special reference to the founder of modern nursing, Florence Nightingale.

The second chapter is an indispensable part of every textbook on health care in nursing education, and it refers to the definitions of nursing and health care. Explanations and definitions of nursing, as well as health care as a field of work for nurses, are given in more detail.

The third chapter of the textbook refers to the theories and models of health care and nursing theories and philosophies, the understanding of which has been retained in nursing practice to this day. Nursing models and theories of health care culture also form an integral part of this important chapter.

The fourth chapter of the book, titled "Perspectives on Modern Nursing", refers to the quality of health care. This topic is given special importance considering that modern nursing cannot be imagined without knowledge of it. In this chapter, the authors provide a detailed overview of standards, norms, and criteria in health care and a detailed description of indicators of the quality of health care.

The fifth chapter is of exceptional importance for the higher and university education of nurses. "Organization, Safety, and Documentation", as is the title of this chapter, are indispensable parts of nursing education.

In this chapter of the book, the authors present the nurse as an integral part of the health care system, organizational models of health care, progressive health care, and collaborative practice as the basis of successful treatment and medical treatment. The importance of this chapter also relates to patient safety and the importance of proper and adequate nursing documentation.

The sixth chapter of the book is titled "Evidence-Based Health Care". This chapter is extremely important because it introduces health care and nursing as a scientific discipline in the medical sciences.

The seventh chapter, "Process of Health Care", refers to an important part of the nursing treatment of each patient in the medical system, the importance of which is still not sufficiently understood in our area. The health care process is a model of work in nursing on which quality and modern health care are based. It is a process that follows the patient from the beginning to the end of the medical treatment through his treatment and care, with a critical review and evaluation with the aim of the most successful recovery of the patient and improvement of health.

The eighth chapter, "Nursing Ethics", is an essential part of any nursing textbook. This chapter provides an overview of the psychological, social, and spiritual aspects of care, nursing morals in professional actions, and nursing ethics in working with patients suffering from malignant diseases. Special importance in this chapter is given to nursing deontology as a very important topic.

The ninth chapter, "Nursing Issues", takes a modern approach to the burnout syndrome of nurses, the "Big Five Theory", factors for the occurrence of burnout syndrome in nursing, risk measurement instruments, and strategies for the prevention of this problem in nursing

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practice. In this chapter, the multidisciplinary team of authors, Andrea Mirković, Nataša Janošević, and Nikola Savić, present professional diseases of nurses as a major problem that affects the health potential of nurses and other health workers.

The tenth chapter is dedicated to nursing forensics as a modern approach in the modern healthcare system. This chapter represents an innovative approach to health care and is of great importance not only for the education of nurses but also for nurses in clinical practice.

The last chapter in the book, chapter number eleven, contains attachments, measurement, and evaluation instruments in contemporary

nursing. This chapter is extremely important for the practical application of acquired knowledge. With its content, the book makes a great contribution to the training of nurses at all levels, but also to the improvement of professional activity and the modern approach to nurses in practice, employed at all levels of health care. Insights into contemporary nursing represent a good starting point in the development of nursing and acquiring knowledge in a modern and methodologically clear way.

### **Conflict of Interest**

The author declares no conflict of interest.